# Video 01: Orientation

**Program Overview**

* **Designed by:** Pierre J. Capretz
* **Learning Method:** Immersion Technique – referred to as "Throw in swimming pool" method, where learners are fully immersed without translation to English.
* **Focus:** The program builds language skills using interviews, movies, cartoons, and a continuous story centered on a young American learning French. Emphasis is placed on listening and speaking before reading and writing.

**Key Phrases**

1. **What is your name?**
   * **Formal:** Comment vous appelez-vous ?
   * **Informal:** Comment tu t'appelles ?
2. **What is your age?**
   * **Formal:** Quel âge avez-vous ?
   * **Informal:** Tu as quel âge ?
3. **What is your first name?**
   * **Formal:** Quel est votre prénom ?
   * **Informal:** C'est quoi ton prénom ?
4. **Which school do you go to?**
   * **Formal:** Dans quelle école allez-vous ?
   * **Informal:** Tu vas dans quelle école ?
5. **Do you go to school?**
   * **Formal:** Allez-vous à l'école ?
   * **Informal:** Tu vas à l'école ?
6. **Do you live in Paris?**
   * **Formal:** Habitez-vous à Paris ?
   * **Informal:** Tu habites à Paris ?

**Common Greetings and Expressions**

* **Bonjour** – Hello/Good Morning
* **Salut** – Hi/Bye
* **Ça va? Ça va.** – How are you? I’m good.
* **Au revoir** – Goodbye

**Vocabulary Introduced**

1. **Apprendre** – To learn
2. **Presse** – Press (as in news/media)
3. **Malade** – Sick
4. **Fatigué** – Tired

**Learning Highlights**

* **Immersion Approach:** No English translations are provided; the aim is to pick up meaning from context.
* **Listening First:** Emphasis is on hearing words and phrases before moving to reading and writing.
* **Continuous Storyline:** Following a young American’s experience to make learning relatable and practical.
* **Body Language:** Non-verbal cues and expressions are important for understanding and practicing the language.
* **Practice:** Regular practice is essential to improve fluency.